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ESSURE POST-PROCEDURE INSTRUCTIONS

You may experience mild to moderate menstrual-like cramping and a pinkish watery discharge. This may persist 3-4 days. Use pads, not tampons until these symptoms have resolved.

1. On the day of your procedure, you should not drive or operate machinery that requires judgment and/ or quick reactions.
2. Plan to stay home for the remainder of the day. You may resume most normal activities the day after the procedure.
3. You may take Ibuprofen/Advil/Aleve/Motrin as needed for mild discomfort.
4. You may take the prescription analgesia, i.e. Percocet, as needed for moderate pain.
5. Take the prescription antibiotic provided, Keflex/Cipro, 6 hours after the procedure.
6. Contact our office (954-472-2201) if you develop any of the following symptoms:
 - a. Temperature 100.6 F or greater
 - b. Severe abdominal pain
 - c. Recurrent vomiting
 - d. Malodorous green vaginal discharge
7. You may resume sexual relations when the spotting and watery discharge have resolved. **HOWEVER....** you must remain on another form of birth control until the ESSURE CONFIRMATION TEST has been completed successfully. This special x-ray should be performed in 3 months to be certain that the ESSURE microinserts have successfully blocked your fallopian tubes. Unprotected sexual relations prior to the confirmation test puts you at risk for unintended pregnancy and ectopic pregnancy, which may be life threatening. If you think that you may be pregnant, call the office without delay.